

Stephen B.



Certified Personal Trainer
Team Member Since: 2015
Sessions Serviced: 2,000 +

Education & Certifications

BS in Integrative Physiology from University of Colorado, Boulder
MS in Physiology and Biophysics from Georgetown University School of Medicine
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

Lacrosse
Basketball
Football
Fly Fishing
Mountain Biking



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 667

