

# Adam S.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- BA in Political Science from University of Colorado at Boulder
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

## Hobbies and Achievements

Running  
Swimming  
Golfing  
Brazilian Jiu Jitsu  
Traveling



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Club ID: 668