

# Mathew M.



**Certified Personal Trainer**  
**Team Member Since: 2013**

## Education & Certifications

- Physiology from University of Colorado at Boulder
- AED (Automated External Defibrillator)
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

## Hobbies and Achievements

Tennis  
Cooking  
Volleyball  
Skiing



For more info about this trainer,  
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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 668