

Michael G.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- Enter degree or delete this.
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

11 Year Experience in Elite Level Rugby
USA Rugby Certified Level 1 Coach
Sports Strength and Conditioning
Power Lifting
Olympic Lifting



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 668