

# Angela S.



**Certified Personal Trainer**  
**Group X Instructor**  
**Team Member Since: 2006**

## Education & Certifications

- BA in Political Science from Eastern Kentucky University
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

## Hobbies and Achievements

- Swimming with my dog
- Hiking the greenbelt
- Boating, kayaking, canoeing



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](https://24hourfitness.com/personaltraining)

Club ID: 676