

Jonathan S.



**Certified Personal Trainer
Master Trainer
Team Member Since: 2012**

Education & Certifications

- BS in Exercise Sports and Science from Texas State University
- CPR Certification
 - National Academy of Sports Medicine - Corrective Exercise Specialist
 - National Academy of Sports Medicine - Certified Personal Trainer
 - National Academy of Sports Medicine - Senior Fitness Specialist
 - TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

Hunting
Fishing
Hiking
Raquetball
lifting weights



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24hourfitness.com/personaltraining

Club ID: 676

