

Moses R.



**Certified Personal Trainer
Master Trainer
Team Member Since: 2019**

Education & Certifications

BA in Exercise Sport Science in a Concentration in Health and Wellness
Promotion for Clinical Populations from Texas State University

- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- CPR Certification
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

Kayaking
Hiking
Attending Sport Events
Running trails



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 676