

Roberto M.



Master Trainer
Team Member Since: 2007
Sessions Serviced: 5,000 +

Education & Certifications

- BS in Sports Medicine from University of Texas Pan-American
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Running
- Mountain biking
- Kayaking



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 680

