

Meredith C.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BA in Sociology from University of Texas
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Mud runs
- Softball
- Outdoor water activities
- Hanging out with friends and family



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 682

