

# Nate S.



**Master Trainer**  
**Fitness Manager**  
**Team Member Since: 2009**

## Education & Certifications

- BA in Finance from Trinity University
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Council on Strength and Fitness - Personal Trainer

## Hobbies and Achievements

- Softball
- Disc golf
- Live music
- Things from Louisiana



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 682