

Nate S.



Master Trainer
Fitness Manager
Team Member Since: 2009

Education & Certifications

- BA in Finance from Trinity University
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- Softball
- Disc golf
- Live music
- Things from Louisiana



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 682