

Johnny K.



Certified Personal Trainer
Master Trainer
Team Member Since: 2014
Sessions Serviced: 2,000 +

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Fitness Nutrition Specialist
- National Academy of Sports Medicine - Weight Loss Specialist
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Sports training
- Speed/Agility Training
- Endurance/Conditioning Coach
- Corrective Movements
- Nutritional Guidance



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 684

