

Larissa S.



Master Trainer
Certified Personal Trainer
Team Member Since: 2008
Sessions Serviced: 5,000 +

Education & Certifications

- BA in Business
- American Council on Exercise - Personal Trainer Certification
- CPR Certification

Hobbies and Achievements

- Specializes in training with older adults
- Functional Training
- Weight Management
- Nutrition



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 684

