

# Larissa S.



**Master Trainer**  
**Certified Personal Trainer**  
**Team Member Since: 2008**  
**Sessions Serviced: 5,000 +**

## Education & Certifications

- BA in Business
- American Council on Exercise - Personal Trainer Certification
- CPR Certification

## Hobbies and Achievements

- Specializes in training with older adults
- Functional Training
- Weight Management
- Nutrition



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 684

