

Stephen M.



Team Member Since: 2011
Sessions Serviced: Less than 2,000

Education & Certifications

- BS in Kinesiology from Sam Houston State University
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Soccer
- Football
- Camping
- Cooking



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 685

