

# Rebecca A.



Team Member Since: 2001

## Education & Certifications

- BA in Business from Bowling Green State University
- National Academy of Sports Medicine - Nutrition
- 24 Hour Fitness - Certified Personal Trainer
- Aerobic and Fitness Association of America - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

## Hobbies and Achievements

- Cycling
- Horses
- Swimming



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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 688

