

Michelle R.



Certified Personal Trainer
Team Member Since: 2007
Sessions Serviced: 2,000 +

Education & Certifications

- BS in Exercise Science from University of Houston Clear Lake
- CPR Certification
- Professional Fitness Instructor Training - Rehabilitative Exercise Specialist

Hobbies and Achievements

- Working out
- Motivating others
- Spending time with family



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 689

