

# Adam C.



**Certified Personal Trainer**  
**Team Member Since: 2011**

## Education & Certifications

- BS in Health & Human Performance/Sports Management from University of Lambuth University
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

## Hobbies and Achievements

- Mixed martial arts
- Traveling



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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 692

