

Lucia E.



Master Trainer
Team Member Since: 2000
Sessions Serviced:10,000 +

Education & Certifications

- 24 Hour Fitness - Certified Personal Trainer
- Aerobic and Fitness Association of America - Personal Trainer Certification
- American Council on Exercise - Personal Trainer Certification
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- 15 years of dance training in New York
- Singing
- Painting
- 23 years in the fitness field



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining