

# Lucia E.



**Master Trainer**  
**Team Member Since: 2000**  
**Sessions Serviced:10,000 +**

## Education & Certifications

- 24 Hour Fitness - Certified Personal Trainer
- Aerobic and Fitness Association of America - Personal Trainer Certification
- American Council on Exercise - Personal Trainer Certification
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

## Hobbies and Achievements

- 15 years of dance training in New York
- Singing
- Painting
- 23 years in the fitness field



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](https://24hourfitness.com/personaltraining)