

Alan D.



Team Member Since: 2006
Sessions Serviced: 5,000 +

Education & Certifications

- BS in Exercise Science from The University of Kansas
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Athletics
- Parenting
- Cooking



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 693

