

# Alan D.



**Team Member Since: 2006**  
**Sessions Serviced: 5,000 +**

## Education & Certifications

- BS in Exercise Science from The University of Kansas
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- Athletics
- Parenting
- Cooking



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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 693

