

Michael H.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BS in Sports and Wellness from Oklahoma Christian University
- AED (Automated External Defibrillator)
- CPR Certification

Hobbies and Achievements

- Workout
- Play basketball
- Write music
- Sing



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 694