

# Anthony B.



**Certified Personal Trainer  
Group X Instructor  
Team Member Since: 2011**

## Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- International Fitness Professionals Association - Personal Fitness Trainer Certification
- TRX Suspension Training – Certified TRX Instructor

## Hobbies and Achievements

- Running
- Strength and performance training
- Softball and flag football
- Art
- Muscle cars



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 696