

Carlos M.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- Bachelor of Science in Fitness and Human Performance from University of Houston - Clear Lake
- AED (Automated External Defibrillator)
- American College of Sports Medicine - Certified Health Fitness Specialist
- CPR Certification

Hobbies and Achievements

- Exercise
- Cycling
- Church
- Power Lifting



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 696