

# Thomas L.



Team Member Since: 2011

## Education & Certifications

- BS in Health and Fitness Management from University of Houston
- BA in Sports Management from Mary Hardin-Baylor
- AED (Automated External Defibrillator)
- Cooper Institute - Personal Trainer Certification
- CPR Certification
- TRX Suspension Training – Certified TRX Instructor

## Hobbies and Achievements

- Traveling
- NFL



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Club ID: 696