

# Dalton H.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- BS in Exercise Science from University of Central Missouri
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- CPR Certification

## Hobbies and Achievements

- Powerlifting
- College Football
- Golf
- Teaching Bootcamp class



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 698

