

Erica H.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BS in Management from Park University
- AED (Automated External Defibrillator)
- CPR Certification
- International Sports Sciences Assoc. - Fitness Therapy Certification

Hobbies and Achievements

- 1st degree black belt
- Sand volleyball
- Indoor volleyball
- Running long distance
- Cooking



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 698