

# Kehlila G.



**Certified Personal Trainer  
Master Trainer  
Team Member Since: 2009  
Sessions Serviced: 2,000 +**

## Education & Certifications

- BA in Photography from Fashion Institute of Technology
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Performance Enhancement Specialist
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- TRX Suspension Training – Certified TRX Instructor

## Hobbies and Achievements

- Pre/Post Natal
- Mad Dogg cycle
- Mind/Body/Nutrition
- Photography
- Physical Activity



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 727