

# Nicole M.



**Master Trainer**  
**Team Member Since: 2006**  
**Sessions Serviced: 10,000 +**

## Education & Certifications

- BS in Exercise and Sports Science from University of Utah
- BS in Business with Accounting from LDS Business College
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

## Hobbies and Achievements

- Extreme sports
- Fitness Expert in National Magazines and News Channels
- Strength and Conditioning Coaching
- Functional Training



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Club ID: 727

