

Kaela R.



**Certified Personal Trainer
Group X Instructor
Team Member Since: 2018**

Education & Certifications

BS in Health Education from San Francisco State University
- AED (Automated External Defibrillator)
- CPR Certification
- PTA Global - PTA Global PT Certification

Hobbies and Achievements

Golden State Warriors Dance Team 2015 17
U Jam Fitness Certified
Dance



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 805

