

Tracy B.



Team Member Since: 2009

Education & Certifications

- BA in Criminal Justice from California State University Sacramento
- 24 Hour Fitness - Certified Personal Trainer
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Sudoku
- Rock climbing
- Tennis
- Racquetball
- Cooking
- Gardening
- Motorcycling



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 807

