

Tuan N.



Master Trainer
Assistant Fitness Manager
Certified Personal Trainer
Team Member Since: 2001
Sessions Serviced:15,000 +

Education & Certifications

- BA in Psychology
- AED (Automated External Defibrillator)
- Aerobic and Fitness Association of America - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- International Fitness Professionals Association - Advanced Personal Fitness Trainer Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Martial Arts
- Watching Movies
- Spending Time with Family and Pets



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 808

