

# Tuan N.



**Master Trainer**  
**Assistant Fitness Manager**  
**Certified Personal Trainer**  
**Team Member Since: 2001**  
**Sessions Serviced:15,000 +**

## Education & Certifications

- BA in Psychology
- AED (Automated External Defibrillator)
- Aerobic and Fitness Association of America - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- International Fitness Professionals Association - Advanced Personal Fitness Trainer Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist
- TRX Suspension Training – Certified TRX Instructor

## Hobbies and Achievements

- Martial Arts
- Watching Movies
- Spending Time with Family and Pets



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](https://24hourfitness.com/personaltraining)

Club ID: 808

