

Alexis C.



Team Member Since: 2009

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Weight training
- Hiking
- Cooking
- Water sports
- Yoga
- Being a Mom



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 809