

Boomer R.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BS in Kinesiology from San Jose State University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Playing and Coaching Baseball
- Snowboarding
- Working Out



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 811