

# Zach R.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- BS in Corporate Fitness from Minot State University
- CPR Certification

## Hobbies and Achievements

- 2 Time NAIA Track and Field All-American
- Participated in 3 years of College Track and 2 years of Basketball



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 811

