

Dana T.



Certified Personal Trainer
Master Trainer
Team Member Since: 2011
Sessions Serviced: 2,000 +

Education & Certifications

- MA in Psychology from Saint Marys College
- MA in Psychology - Sports from John F. Kennedy
- AED (Automated External Defibrillator)
- Aerobic and Fitness Association of America - Personal Trainer Certification
- CPR Certification
- National Federation of Professional Trainers - Personal Trainer

Hobbies and Achievements

- Competitive CrossFitter
- Paleo and Healthy Cooking
- Outdoor Activities
- Traveling



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 812

