

Lonnie W.



Certified Personal Trainer
Team Member Since: 2003

Education & Certifications

- RN/Public Health Nurse from University of California San Francisco
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Tennis
- Gambling
- Drag racing pit crew



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 812

