

Mike A.



**Certified Personal Trainer
Group X Instructor
Team Member Since: 2013**

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Football
- Speed Training
- Cooking
- Dancing
- Hiking



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 812