

Roland J.



Certified Personal Trainer
Team Member Since: 2011

Education & Certifications

- BS in Exercise Biology and Sports Medicine from California Lutheran University
- American Council on Exercise - Personal Trainer Certification
- CPR Certification

Hobbies and Achievements

- Football
- Swimming
- Bass guitar



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 812