

# Dan D.



**Master Trainer**  
**Certified Personal Trainer**  
**Team Member Since: 2013**  
**Sessions Serviced: 2,000 +**

## Education & Certifications

- BS in Exercise Science from Bloomsburg University
- AED (Automated External Defibrillator)
- CPR Certification
- TRX Suspension Training – Certified TRX Instructor

## Hobbies and Achievements

- 1st Open 200 Beast of the Beach Strongman 2014
- 2nd LW Novice Star Spangled Strongman 2014
- Amateur Strongman Competitions
- Functional Movement Screen Certified
- Golf



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 817