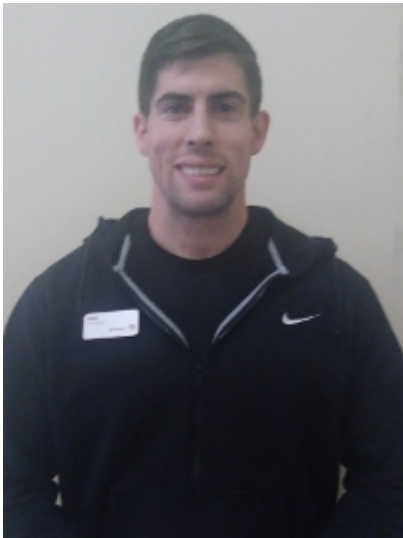


Steve B.



Certified Personal Trainer
Master Trainer
Team USA Certified
Team Member Since: 2015
Sessions Serviced: 2,000 +

Education & Certifications

BA in Exercise Science, Rehabilitation Concentration from Concordia University Irvine

MS in Exercise Science, Strength and Conditioning Concentration , In Progress, from Concordia University Chicago

- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- U.S. Olympic Committee Certified Trainer

Hobbies and Achievements

Olympic Weightlifting

Powerlifting

Surfing/Stand Up Paddle

Martial Arts- Muay Thai/Judo/Marine Corps Martial Arts Program Black Belt

NCAA Scholar Athlete- Cross Country



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 845

