

Andrea G.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BA in Communications from Regis University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- National Personal Training Institute of Colorado - Personal Training Certification

Hobbies and Achievements

- Running
- Spending time with my family
- Cooking and Creating Healthy Recipes



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 848