

Brandon G.



Certified Personal Trainer
Master Trainer
Fitness Manager
Team Member Since: 2006
Sessions Serviced: 5,000 +

Education & Certifications

- BS in General Science from University of Oregon
- 24 Hour Fitness - Certified Personal Trainer
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Weight Lifting
- Camping
- Spending time with Family
- Learning about Fitness and Nutrition



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 849

