

Christine R.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BS in Business Management from University of Phoenix
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification

Hobbies and Achievements

- CrossFit
- Paleo Cooking
- Spending Time with Family
- Running



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 849