

# Tyler L.



**Master Trainer**  
**Team Member Since: 2003**

## Education & Certifications

- AA in Fitness Technology from Portland Community College
- American College of Sports Medicine - Certified Personal Trainer
- American College of Sports Medicine - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

## Hobbies and Achievements

- Mountain biking
- Snowboarding
- Trail running



For more info about this trainer,  
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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 849

