

# Byron R.



**Certified Personal Trainer**  
**Team Member Since: 2011**

## Education & Certifications

- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

## Hobbies and Achievements

- Shot put and discuss
- Competitive body building (placed Top 5)
- Mountain biking



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 853