

# Fernando A.



**Certified Personal Trainer**  
**Team Member Since: 2013**

## Education & Certifications

- BA in Sports Science from European University of Madrid
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Strength and Conditioning Assoc. - Certified Personal Trainer

## Hobbies and Achievements

- Watching Movies
- Traveling
- Swimming in the ocean
- Golf
- Kayaking
- Skiing
- Soccer



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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 855