

Brandon U.



Certified Personal Trainer
Team Member Since: 2011

Education & Certifications

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Personal Training Institute of Colorado - Personal Training Certification

Hobbies and Achievements

- Hiking and trail running local mountains
- Recreational basketball
- Played high school football, All-Academic and All Region Team
- Worked with MMA training as well as boxing
- Worked with special needs-diabetics, rehab, grocery shopping



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 856