

Harrison P.

Education & Certifications

- Enter degree or delete this.
- AED (Automated External Defibrillator)
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer



Certified Personal Trainer
Team Member Since: 2012

Hobbies and Achievements

- 5 years of Explosive Training Experience
- 4 Years of Olympic Lifts Experience
- Collegiate Football Player
- Nutritional Guidance
- Experience in Strength Building Exercise and Rehabilitation



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 857

