

# Frank C.



**Certified Personal Trainer**  
**Team Member Since: 2013**

## Education & Certifications

- BA in Communication Studies from University of San Diego
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- CPR Certification

## Hobbies and Achievements

- Playing Guitar
- Yoga
- Auto/Moto Customization



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 860