

# Jacob C.



**Certified Personal Trainer**  
**Team Member Since: 2013**

## Education & Certifications

- BS in Business Marketing from California Lutheran University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- IFL Wyoming Cavalry (pro football player)
- Snowboarding
- Rugby
- All-American Student-athlete
- Any activity at the Beach



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 860

