

# Kenny J.



**Certified Personal Trainer**  
**Team Member Since: 1996**

## Education & Certifications

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- International Fitness Professionals Association - Personal Fitness Trainer Certification
- International Fitness Professionals Association - Advanced Personal Fitness Trainer Certification
- International Fitness Professionals Association - Master Personal Fitness Trainer Certification
- International Fitness Professionals Association - Sports Nutrition Specialist Certification
- National Academy of Sports Medicine - Certified Personal Trainer

## Hobbies and Achievements

- Studying to be a physician
- Working out
- Reading
- APEX Certified Nutrition Specialist
- SCC Certified Fitness Trainer
- Certified BOSU Balance Specialist
- Certified Stretch Specialist



**For more info about this trainer,  
scan this code with your smart phone or visit:**

**[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)**

**Club ID: 860**