

Young V.



Master Trainer
Group X Instructor
Sessions Serviced:5,000 +

Education & Certifications

- BA in Korean Culture Dance from South Korea
- AED (Automated External Defibrillator)
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- Certified Yoga Instructor
- Certified Pilates Instructor
- Certified Zumba Instructor
- Certified Piyo Instructor
- Certified Aqua Instructor



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